



2025 PAYMENT RUN DATES

The payment run dates listed below apply to both member and provider payments.

Payment will reflect in your account within 7 working days from the statement date. To ensure prompt payment, kindly inform us if your bank details have been changed. Refunds of R50 (Fifty Rand) or less in total will be carried over to the next payment run.

12 & 31 January
16 & 28 February
16 & 31 March
13 & 30 April
18 & 31 May
16 & 30 June
13 & 31 July
17 & 31 August
14 & 30 September
12 & 31 October
16 & 30 November
14 & 31 December

Log in to the RFMCF web portal at www.rfmcf.co.za to access a detailed list of processed claims for reconciliation purposes.