



Day-to-Day: Outsourced General Practitioner (GP) and Specialist consultations

This benefit covers outsourced GP and Specialist consultations, in-room procedures, and consumables.

Members are encouraged to use network General and Specialist Practitioners when outsourced by SAMHS to avoid co-payments.

Annual Family Benefit:

- Member: R3,490
- Member + 1 dependant: R6,110
- Member + 2 or more dependants: R9,170

Network Providers:

- You can search for a General or Specialist Practitioners near you by checking the Network Provider List on your Mobi App or on the RFMCF website at www.rfmcf.co.za.

Important Notes:

- If you live within 50 km of your nearest SAMHS facility, you must use SAMHS first.
- If SAMHS cannot provide treatment, a DD63 referral is required for outsourced General and Specialist Practitioner services.
- If you live outside of the 50 km radius from your nearest SAMHS facility, no authorisation or DD63 referral is required to use outsourced network providers. Available benefits will apply.
- View your available benefit on the RFMCF Mobi App, the web portal through the RFMCF website, or on your monthly claims statement. Alternatively, contact the Client Services Department on 012 679 4200 or via the Live Chat, accessible through the RFMCF website (www.rfmcf.co.za).
- The annual family benefit does not include consultations during hospitalisation.
- This benefit is separate from the Disease Risk Management (DRM) programme.
- Non-emergency casualty visits will be payable from the day-to-day General Practitioner and Specialist Consultations benefit (6.2).



Refer to the 2026 Schedule of Benefits for a detailed overview of the benefit structure.

The South African Military Health Service remains the primary healthcare provider for medical, oral health, and hospital treatment to all beneficiaries of the Fund.