



## Pharmacy Clinic Consultations

*If you are unable to visit the SAMHS, your first point of contact should be visiting your nearest Pharmacy Clinic for non-emergency healthcare treatment.*

**To find a network pharmacy clinic, visit the RFMCF website at [www.rfmcf.co.za](http://www.rfmcf.co.za) and use the “Search Medical Provider” tool.**

### Consultation:

- A nurse consultation can be conducted at a network pharmacy clinic.
- Virtual General Practitioner (GP) consultations are available during the nurse consultation at the nurse’s discretion, based on the healthcare evaluation.

### Benefits:

- Ten (10) consultations per family per annum.
- If a GP’s intervention is required, clinics have the option to connect you to a GP virtually, which is included in your nursing consultation.

### Important Notes:

- Visits to a GP outside of a pharmacy clinic will be covered from your available GP and Specialist Consultation benefit (benefit number 6.2).
- You cannot see a virtual GP without seeing the nurse at the pharmacy clinic first.
- If you live within 50 km of your nearest SAMHS facility, you must use the SAMHS first. If SAMHS is unable to provide treatment, a DD63 referral is required for outsourced pharmacy clinic consultations.
- No pre-authorisation is needed for nursing consultations at a pharmacy clinic, as long as you are within the coverage limits.
- If you live outside of the 50 km radius from SAMHS, no authorisation or DD63 referral is required to access nursing services from a network provider.
- Members must use network pharmacy clinics to access this benefit.
- The Virtual GP consultation (tariff code 7503) forms part of the Disease Risk Management (DRM) Programme, allowing you to visit your nearest Pharmacy Clinic to manage your chronic conditions as outlined in your 2026 DRM treatment plan.



Refer to the 2026 Schedule of Benefits for a detailed overview of the benefit structure.

The South African Military Health Service remains the primary healthcare provider for medical, oral health, and hospital treatment to all beneficiaries of the Fund.