



2026 PAYMENT RUN DATES

The payment run dates listed below apply to both member and provider payments.

Payment will reflect in your account within 7 working days from the statement date. To ensure prompt payment, kindly inform us if your bank details have been changed. Refunds of R50 (Fifty Rand) or less in total will be carried over to the next payment run.

18 & 31 January
15 & 28 February
15 & 31 March
12 & 30 April
17 & 31 May
14 & 30 June
19 & 31 July
16 & 31 August
13 & 30 September
18 & 31 October
15 & 30 November
13 & 31 December

Log in to the RFMCF web portal at www.rfmcf.co.za to access a detailed list of processed claims for reconciliation purposes.